

Primary School Menu January 2019

Week 1	Main Course	Vegetarian	Vegetables	Dessert	
Monday	Pasta Bolognaise with Garlic Bread	Quorn Meatballs in Tomato Sauce with Pasta & Garlic Bread	Carrots & Green Beans	Chocolate Brownie	
Tuesday	Hot Dog & Cheesy Potato Boat	Vegetable Sausage & Mash	Peas & Sweetcorn	Fruity Jelly Pot	
Wednesday	Breaded Chicken Goujons & New Potatoes	Breaded Mozzarella Sticks & New Potatoes	Salad	Gingerbread	Sandwich & Jacket potato option.
Thursday	Roast Gammon	Leek & Potato Bake	Seasonal Vegetables	Iced Sponge	Sandwich & Jacket options will include a pudding
Friday	Battered Cod & Chips	Mac'n'Cheese Bites	Baked Beans	Cheese, Crackers & Fruit	<u>Sandwich Fillings</u>
					Chicken Mayo, Roast Chicken & Salad, Ham & Salad, Tuna Mayo, Egg Mayo, Chicken Tikka, Cheese & Salad, Cheese & Tomato
Week 2	Main Course	Vegetarian	Vegetables	Dessert	Jacket Fillings
Monday	Cheese & Tomato Pizza with Corn on the cob	Macaroni Cheese	Peas	Ice cream	Beans, Cheese, Tuna Mayo
Tuesday	Brunch! Bacon, Sausage, Hash Browns, Beans &	Vegetarian Brunch with Quorn Sausage	Beans & Tomato	Fruit Crumble
Wednesday	Ham & Cheese Panini with tortilla chips	Vegetable Pasta Bake	Salad	Fruit Muffin	Gluten Free or Dairy Free alternatives can be arranged on some dishes by prior notification
Thursday	Roast Chicken & Stuffing	Cauliflower cheese	Seasonal Vegetables	Chocolate Cookie	
Friday	Salmon Fishcake & Chips	Cheesy Wheel & Chips	Peas & Sweetcorn	Banana Cake	
Week 3	Main Course	Vegetarian	Vegetables	Dessert	
Monday	Toad in the Hole	Vegetarian Toad in the Hole	Carrots & Green Beans	Jammy Sponge & Custard	
Tuesday	Ham & Cheese Pizza & Potato Wedges	Vegetable Chilli & Rice	Salad	Flapjack Bites	
Wednesday	Beef Lasagne with Garlic Bread	Vegetable Lasagne with garlic bread	Peas	Profiteroles	
Thursday	Roast Pork & Stuffing	Stuffed Pepper	Seasonal Vegetables	Chocolate Fudge Cake	
Friday	Chicken Goujons & Chips	Veggie Nuggets & Chips	Baked Beans	Raspberry Ripple Shortbread	
Week 4	Main Course	Vegetarian	Vegetables	Dessert	
Monday	Pasta with Italian Meatballs	Vegetarian Pasta Bolognaise	Carrots & Green Beans	Chocolate Krispie Cake	Yoghurt & Fruit are also always available as an alternative dessert option
Tuesday	Fish Fingers & Potato wedges	Cheese & Tomato Panini & Potato Wedges	Peas	Apple Pie	
Wednesday	Chicken & Cheese Panini with tortilla chips	Vegetable Curry & Rice	Salad	Fruit Salad	
Thursday	Roast Beef & Yorkshire Pudding	Butternut Squash & Sweet Potato Bake	Seasonal Vegetables	Lemon Drizzle Tray Bake	
Friday	Chicken Burger in a Bun & Chips	Breaded Vegetable & Cheese Burger in a Bun & Chins	Peas & Sweetcorn	Iced Finger Bun	